



DEVOTIONS

Day 1: Imagine No Malaria

Bible Reading:

“This will bring health to your body and nourishment to your bones.”

(Proverbs 3:7-9, NIV)

Quote:

“Before healing others, heal yourself.”

(Gambian proverb)

Prayer:

God, as we awake this morning, and look out over the sun rising in a glistening ball of fire,
can there be anything more peaceful?

Is peace the absence of war?

Or is peace the unity established between people as they seek and strive for common good?

Or is peace the pain of healing, the exercise necessary to heal a broken body or spirit?

Lord, touch all of us with your spirit in this moment, so that in this day we can be instruments of
your peace. Let us take your peace to every encounter we make this day. Allow us to experience
no boundaries in sharing your peace with the sad, needy, and yearning people of our day. Let all
our days find the reward of peace.

(A prayer from the United Methodist Church in Mozambique)

Questions for Reflection:

- How can we find the reward of peace in our days?
- Why do the small things, like a mosquito, have such big consequences?
- How can we do small things to make a big difference?

